

Cornerstone Christian Family Church

Cell Group Notes

19 February 2015

“Intentions vs Desires”

Welcome: Welcome all members warmly to the meeting. Encourage members that they are in the right place by coming to the cell group –it is part of the journey going up the mountain. They will be blessed.

Ice Breaker:

To get people talking ask the group the following and allow each one time to share.

What is the best thing that happened to you this week?

Listen to all and encourage group to have a heart of thanksgiving, too often we look at the negative in our lives and we meditate on that.

Psalm 40:5 David says that if we had to count your blessings, they would be more than can be numbered.

(Cell Shepherd: Pls allow interaction and fill in the gaps, don't reteach the lesson of Sunday

Interaction Point1:

Ask the group if they can relate to Pauls statements in Romans 7:15? (check if anyone can recite the verse or paraphrase it)

(allow group to share instances if they comfortable to do so)

Go further to ask the group: After Sundays teaching, do we now understand why this happens in our lives? allow them to share what they learnt on Sunday.

Teaching:

Exodus 19:7-8 We looked at how the Israelites said one thing to Moses but did another thing when the time came. We asked WHY

Ezek 23:8 Ezekiel gives us a clue in the verse, HE says the children of Israel started their prostitution in “EGYPT” and their current state was as a result of what was in them and they will ultimately follow their lust(Desires)

We find that their intentions were good(they wanted to meet with God, face to face) but sadly their desires led them astray.

We find ourselves in the same position, we all have good or Godly intentions but most don't follow through on them, why, it is that we follow our desires, we act our desires and not our intentions (Ask the group for examples – allow group to share and make mental notes as most will speak what they are going through)

James said,

Jas 1:14 But every man is tempted, when he is drawn away of his **own** lust, and enticed.

It was said on Sunday, Satan cannot make me(force me) to do anything, we use this as an excuse but satan cannot make you do anything, the worst satan can do is to entice(tempt) you BUT we are tempted by our own desires, what is found inside of us. We cannot be tempted(enticed) by what we don't desire.

We will act out our desires, desire will chart the course of your life (good or bad)

We suffer with addictions(sins) that seem like they will never go but often they never go because we actually enjoy or like those addictions(sins)

Jesus sets us free from every sin.

Gal 6:14 But God forbid that I should glory, save in the cross of our Lord Jesus Christ, **by whom the world is crucified unto me, and I unto the world.**

Rom 6:11 Likewise reckon ye also yourselves to be **dead indeed unto sin**, but alive unto God through Jesus Christ our Lord.

Gal 5:24 And they that are Christ's have crucified the flesh with the affections and lusts.

If our intentions and desires are not lined up, then we will suffer loss or make complete the journey.

If we look into our hearts and find that our desires are not our intentions then we need to lay those desires at the foot of the cross. our deliverance will be sure when we co-operate with God. We will not receive deliverance of addictions if we enjoy(desire) those addictions. (Elaborate a bit on this)

Announcements:

- 1) Invite a friend to church this week, bring somebody along
- 2) Be reminded that we have a coffee shop/bookshop/library – do take some time to visit.