

Cornerstone Christian Family Church

Cell Group Notes

07 May 2015

“Press On”

Welcome: Welcome all members warmly to the meeting.

Ice Breaker:

If there was something that you could do to help somebody close to you, who would it be and what would you do?

Allow interaction and round up ice breaker with the following:

- 1) Depending on interaction from group, one might find it harder to think of what to do for others and so much easier to think of what we need. Encourage group from Acts 20:35 that it better to be a blessing....
- 2) Some might not be in a position to change people’s circumstances but what we can do is PRAY. Peter and John did not have money to throw around but they shared what they had and that was the “power of God” (Acts 3:1-10)

Interaction Point1:

On Sunday, the message preached was to “press on” and more specifically to press on from situations that have caused us pain and thus limited us from moving forward.

Take time to allow group to share:

- 1) Areas where they feel they were “limited” due to past experiences
- 2) or if group is not comfortable to share personal experiences then ask about general situations where we may have witnessed people being trapped by “circumstance/situation” caused by pain/hurt

Interaction Point2:

These are traps that the enemy sets for us to keep us from getting to our promised land. If one has experienced pain in a certain area (Example love relationships, insolvent business, financial loss due to friendship, etc.) one may be reluctant to venture out into these areas again. This however could be the area where god wants to bless us.

We live in a time where it people “give up/give in” too quickly. (share examples/testimonies you have/know off)

When we give up, we lose all the effort that we have put into that situation.

There are those who are tired of:

- 1) Praying
 - a. Deliverance from enemies
 - b. Healing , jobs, promotions – seeing no results
- 2) Go for counselling(marriage – spouse has done this so many times)
- 3) Fasting
- 4) Helping somebody
- 5) Sin

The list is endless, we give up because we get tired. Read 2 Kings 13:14-19
Allow group to share their thoughts.

Like the king, we don't realise what is happening in the spiritual realm. The king was just two/three beatings of the bow away from total deliverance.

He was so close to his complete deliverance yet so far. We don't know how close we are to your breakthroughs, for some it could be one more prayer, one more fast, one more counselling session. For others a week away, a month away – Don't Give Up – PRESS ON.

Use remaining time to encourage group to continue pushing forward.

Announcements:

- 1) Believer's class has started on Sundays at 08h00 – Children's ministry. (Cell shepherd, the new time is for the ease of people, encourage those who have not attended to attend / cell shepherd should also know the spiritual health of those in the cell and recommend people to attend)
- 2) Young Adults have a movie night – this Friday, please attend
- 3) Discipleship course this Friday from 18h00